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Opportunity Junction Wish List

Impact 100 East Bay members can easily get involved as volunteers, through opportunities that are as varied and distinct as the individuals and groups who may fulfill them. A few possibilities in key areas include:

- **Life Stabilization**—When students don't need to worry about meeting their most basic needs, they can focus more clearly on school and work. Sadly, too many lack stable housing, food, and personal care supports. You can help by creating personal care kits (soap, shampoo, conditioner, lotion, toothpaste, toothbrush, and deodorant) or food boxes. We can let you know if students have needs related to household items.
- **Educational Support**—There are many ways to support students as they work towards their educational goals. Whether leading a workshop on how to prepare for finals, providing one-on-one tutoring to build basic math and/or English skills, or creating supply laden backpacks for students as they head to school, you can make a difference.
- **Life Skills**—We're looking for people with a special skill or knowledge they want to share with our students. You could teach our students about cooking on a budget, stress management, banking, balancing work/school/home, or other life topics.
- **Career Skills**—You can help students prepare for the work world. Invite a small group of students to tour your workplace and see first-hand some of the possibilities. Promote confidence for real life interviews by participating in mock interviews and give constructive criticism to help students develop their interviewing skills.
- **Inspiration**—Use your own experiences to inspire others. Share a personal story about your education and career path, encouraging students to know that there are many ways to reach goals, as well as unanticipated challenges and opportunities that may arise along the way.
- **Monthly Cohort Meetings**—You can easily provide any of the above supports to students at their monthly cohort meeting, Friday afternoons at Los Medanos College. Our College and Career Counselors are looking for people to assist with providing and/or setting up a simple meal, as well as making presentations to the students.
- **Internship, Interview, and Employment Opportunities for Students and Graduates**—We're looking for potential employers who might provide paid internships and/or jobs to our students and graduates. Let us know if you or someone you know could help our students get started in their careers.

For more information on other ways to give, please email Eva Luo at Eva@OpportunityJunction.org